



Schedule

Friday

3:00pm	Activity Choice Book review/discussion Exercise/Hike/Activity Craft/Art/DIY Project Prayer/Journal/Rest
6:00pm	Supper
7:00pm	Welcome/Devotion
9:00pm	Social Time

Saturday

???	Exercise Time
8:00am	Breakfast
8:45am	Welcome/Devotion
9:00am	Bible Study-- <i>Understand Your Heart</i>
10:00am	Break
10:30am	Session 1-- <i>Rend Your Heart</i>
12:00pm	Lunch/Break
1:00pm	Session 2-- <i>Establish Your Heart</i>
2:30pm	Break
3:00pm	Activity Choice Book review/discussion Exercise/Hike/Activity Craft/Art/DIY Project Prayer/Journal/Rest
6:00pm	Supper/Break
7:00pm	Devotion
7:15pm	Session 3-- <i>Guard Your Heart</i>
9:00pm	Social Time

Sunday Morning

???	Exercise Time
8:00am	Breakfast/Pack-up
9:00am	Session 4-- <i>Share Your Heart</i>
10:15am	Sunday Worship-- <i>Fill Your Heart</i>
11:15am	Wrap-Up
11:30am	Check-out/Clean-up/Goodbyes